

HEALTH REPORT

VOLUME 12

ISSUE 26

PREMATURE BABY AND RELIEVED PARENTS BOTH BREATHE EASIER AFTER TREATMENT

When a child enters the world prematurely, there is a good chance that some breathing difficulties might surface. However, when Chiropractic is involved, a premature birth does not necessarily mean that a child is going to have to spend many long months with drug and breathing apparatus intervention.

One such case was recently documented in the *Journal of Vertebral Subluxation Research*. Here was a case where the child suffered from the condition known as bronchopulmonary dysplasia (BPD), which is a lung condition that can be quite serious and results in breathing problems for the premature baby.

The administration of oxygen is the usual treatment for the newborn child. Treatment is delivered in the hospital's intensive care unit and is administered continuously for the first 28 days. A 120 day hospital stay is most likely and administration of antibiotics and continued oxygen treatments are required when the child is finally discharged.

In the case under study, the child who was born 24 days prematurely followed this course of treatment after she was diagnosed with BPD. Oxygen was administered, antibiotics were included, and she was nourished with a feeding tube for 3 months. Finally, after 17 weeks she was discharged and oxygen treatments were continued at home.

The girl was brought to a chiropractor for examination some 3 months after her release from the hospital. A Chiropractic exam showed that she weighed in at just 12 pounds now some 7 months after her birth. Her condition was described as listless. She had pasty skin and sinus congestion; her breathing was short and rapid, and there was no eye contact reported. Plus, she was constipated and colicky.

After just one adjustment, the baby's mother noticed immediate changes. The baby became livelier and was able to use her abdominal muscles to hold her legs up. The colic subsided and she easily passed gas for the first time. The second visit resolved congestion problems and her sinuses began to drain. After her third adjustment, the baby made some loud noises and started to draw air in more easily.

With such positive results, Chiropractic care continued for a period lasting several months. The changes to the child during this period of time were quite remarkable. Daily improvements were noted – such things as more head control, better facial color, regular bowel movements and a much improved breathing ability.

The end result was a healthy child who no longer needed any antibiotics. She never needed to be readmitted to the hospital during or following her Chiropractic treatment. By this time, she was able to roll over easily on her own and no symptoms of her BPD returned. Chalk up another victory for Chiropractic treatment with the result being a child who was well on her way to being able to live a happy and healthy life.