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CHIROPRACTIC HELPS CANCER PATIENTS IMPROVE LIFE, REDUCE NEED FOR DRUGS

Lifestyle choices have been found to be contributing factors to cancer. Living healthy and the incorporation of exercise in a person's life are known to reduce the chances of a person getting many forms of cancer. Chiropractors are experts in providing lifestyle options that encourage healthy, drug-free living that promote long-term well-being.

However, when a person does contract cancer, there is evidence that Chiropractic treatment can be of benefit to a person in living more comfortably and reducing the aches and pains that some experience with this dreaded disease. Case reports illustrate that Chiropractic can be of help in improving a person's quality of life as reported in the *Journal of Manipulative Physiological Therapeutics*.

One such report involves a 57-year-old man. He was in the later stages of terminal pancreatic cancer when he visited a chiropractor. While his treatment was not able to save his life at this stage, it was documented that the man's pain was considerably reduced.

According to the article, "In this case Chiropractic care was able to provide significant pain relief, reduce the amount of pain medication being taken (as well as their potential side effects), and temporarily improve the quality of life for a patient with terminal cancer."

Another patient, this one a 54-year-old man, was suffering from upper back pain following lung cancer surgery. This painful condition had been going on for over a year with no relief in sight. Quite remarkably, only two visits to a chiropractor brought relief to this individual. Additionally, he was able to discontinue all of his pain medication as well.

According to the article, the principles of Chiropractic applied to these individuals put each patient into a condition where the healing ability of their body was able to again work to its maximum potential. While the person's pain was not directly treated, the body was, and this allowed it to go to work to reduce the pain and the need for medication.

"These clinical examples offer two specific instances of how Chiropractic may improve the quality of a cancer patient's life," the article stated. Persons suffering from any stage of cancer and dealing with pain as a result of the disease would be wise to consult a chiropractor to help maximize their body's healing powers to fight the disease and assist with the discomfort.