

HEALTH REPORT

VOLUME 12

ISSUE 14

CHIROPRACTIC BRINGS ADHD RELIEF, OFFERS MUCH SAFER SOLUTION THAN DRUGS!

Evidence continues to mount in favor of Chiropractic intervention having the ability to bring relief from the symptoms that have now commonly been lumped into the label of Attention Deficit Hyperactivity Disorder (ADHD). This is especially evident cases when an accident or injury has occurred to a child or adult who previously showed no signs of any of the difficulties with concentration associated with ADHD.

Case in point of this study involves a child of 6 years of age, a person of any age could suffer the same lack of concentration ability following an accident or a severe blow. This could occur through an auto mishap, a slip-and-fall injury, sports contact or even a work-related trauma that is part of daily life. While drugs are now frequently prescribed by the medical community to handle the ensuing "attention" problems, a Chiropractic adjustment may really be all that is necessary for normal function to return.

A case discussing the events that happened to this child who struck his head while on the playground was recently presented by an Australian-American Chiropractic group. The child was knocked unconscious by the impact and, in the months that followed, his teachers noted his concentration problems, inattentiveness and even disruptive behavior. The boy developed all of the classic symptoms so commonly labeled as ADHD. He was unable to sit still in the classroom and his grades began to plunge.

Drugs were a main part of the medical prescription for handling the boy. Unfortunately, but expectedly, these did not bring any lasting relief or help to the child. In spite of the powerful drugs, his headaches and neck pains persisted. Finally, 18 months after the accident, his mother brought him to a chiropractor.

It may seem remarkable, but the boy only required 3 visits to the chiropractor over a 3 week period to put him back on the road to good health and classroom success. The diagnosis was a subluxation, a partial dislocation of the vertebrae. He continued with regular checkups and after 9 months continued to do very well.

An accident or blow which involves the head, neck and back being in pain is increasingly being documented as a trigger or aggravating factor to ADHD. This evidence and case studies such as this one can be of great value in spreading the word that drugs are not the universal solution for the handling of ADHD as has become so common in the world today. When drugs are administered, the concentration problems that are not handled can even lead to further accidents and more subluxations. Thus, the drugging solution could lead to a vicious circle that includes more injuries, more subluxations and an continued worsening of the ADHD symptoms.

However, when the symptoms of ADHD are handled through Chiropractic, tremendous benefits frequently occur. First off, the pain and discomfort is either reduced or eliminated for the patient. Next, the relief provided to the nervous system through the correction of the subluxation are also extremely beneficial. Concentration ability often returns quickly, and the person gets more enjoyment out of life while doing better at school or at work, whatever the case may be.

Chiropractic adjustments of the person suffering from, so called, ADHD can lead to a better overall state of health and increased productivity without drug intervention. Again, the simple motto for handling such ADHD issues should resound, "Say no to drug and say yes to Chiropractic!"