

# L-GLUTAMINE PLUS

**Ingredients:** Each tablet contains: L-Glutamine 500mg, Chlorophyll 20mg, N-Acetyl Glucosamine 50mg, Lipoic Acid 2mg, Lactobacillus Acidophilus 4 million units, Lactobacillus Bulgaricus 1.3 million units, Lactobacillus Bifidus 2.2 million units, Vitamin E Succinate 5i.u.

**Supportive Function:** Glutamine is the major fuel of the intestines and contributes to the metabolic processes that are necessary for restorative tissue repair. A healthy intestinal lining maximizes nutrient absorption, while acting as a barrier to foreign invaders. Glutamine is boosted with Lactobacillus and bifidus flora to support immune function, along with the antioxidant vitamin E and chlorophyll, which has a gentle, non-irritating action that is important in digestive well being.

**When is glutamine helpful?** Intestinal permeability (leaky gut), food allergies, acid reflux, Crohn's Disease, ulcers, nausea, anorexia, muscle growth (weight lifters), athletic activities (buffers lactic acid), achlorhydria, surgery, trauma, cancer and other immune-challenged conditions, chemotherapy; General indications for repairing intestinal NSAIDS/drug damage, and/or any condition of the bowel, especially small bowel, requiring synthesis and healing of intestinal cells.

**Clinical Applications/Research: Glutamine:** L-glutamine is the main fuel of the intestinal cells. It aids in tissue healing, maintains a healthy digestive tract, and effectively treats small intestine absorption problems. It is an integral amino acid needed for the synthesis of the mucoproteins present in the intestinal mucous secretions (Texas J Med 1957; 53:840-3).

**Probiotics:** Supports the gastrointestinal tract by replenishing the good bacteria.

**Testimonials/Nutrient Tidbits: A doctor reports . . .** I have used this product in combination with Total Leaky Gut (2 of each per day) and have gotten great results for leaky gut problems.

**A NW distributor reports...** My mother took 8 grams of glutamine a day (equivalent to 16 pills) during her chemo – the doctors were amazed that she didn't suffer the average side effects from the chemo.

**Suggested Dosage:** 1-2 tablets 3 times daily on an empty stomach or as directed

**Size:** 90 tablets

**Vegetarian:** No

**Contraindications:** High doses of glutamine are contraindicated in kidney disease.